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# Providing Counseling and Seminars at Orientation, Mid-Career, and Pre-Retirement

## **Social Security Administration**

Henrietta Galloway

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# Provide Information at Various Stages

- Pre-retirement
- Mid-Career
- New Employee



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# Pre-Retirement Seminar Planning

Henrietta Galloway  
Social Security Administration

# Seminars for Headquarters Employees

- SSA conducts seminars twice a year
- We have approx 3-4 seminars in the Spring and 3-4 in the Fall.
- The seminars are (2) full days



# Methods of Advertising

- Notify All employees via email
- Flyers are posted on all SSA bulletin boards
- Articles are written for our Agency monthly newsletter

- Employees are notified of eligibility requirements
- Dates and eligibility requirements are posted on our intranet website



# Eligibility Requirements

- Participants Must be within 10 years of the following:
- Age 55 and 30 years of service or
- Age 60 and 20 years of service or
- Age 62 and 5 years of service or
- A FERS employee (MRA) and at least 10 years of service

# Eligibility Requirements Continued

- Participants must be SSA Headquarters Employees
- Participants could not have attended the seminars when they were last offered



# Pre-retirement Planning Process

- Dates are confirmed with Facilities Management Team to secure a location
- Speakers are invited to attend and conduct presentations (60 Days prior to event)
- Flexible schedules are maintained to allow for last minute “switches” alternate schedules, etc
- Dates are announced for “open registration”
  - Less than 30 days recommended

# Speakers Invited

- CSRS/FERS Retirement
- Federal Employees' Life Insurance
- Federal Employees Health Insurance
- Social Security and Medicare
- Health and Wellness in Retirement

- Financial Planners
- Legal and Estate Planning Attorneys
- Thrift Savings Plan
- SSA Alumni Association
- Volunteer Programs
- Long Term Care



# Preretirement Seminar Planning

- Secure equipment needed to conduct seminars (PA system, lap top, LCD projector, overhead projector).
- Confirm dates with all speakers
- Prepare programs for each seminar



# Registration Process

- Provide Registration Forms to All Employees to allow them to register to attend
- Registration Forms include
  - class dates and schedules,
  - locations,
  - special accommodation requests,
  - registrant's name, component, address and supervisor's signature.

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# Registration Process

- Provide address/central locations for employees to send completed forms
- Offer a fax number for employees to fax forms
- Monitor and check incoming forms daily
- Receipt and date each form received

# Database

- Create Database to schedule participants
- Database should include:
  - All headquarters employees eligible to retire within the next 10 years (year 2014)
  - A method of scheduling people who are to be placed on a waiting list, etc.

# Database Continued

- Any Microsoft program is acceptable.
  - SSA Headquarters uses Microsoft Access
  - Access allows you to do count inquiries, request reports, etc.
  - Easily Maintained
  - You should request an update once a year



# Scheduling Participants

- Schedule employees who are eligible in Microsoft Access system to keep a daily count
- SSA schedules approx. 150 people in each session
- Spouses are invited to attend. (Employees must request this in advance on the registration form)

# Employee Notification

- Employees are notified in writing of our selection. This includes:
  - Scheduling for a specific session
  - Declinations with justifications provided
  - Placement on waiting list for the next sessions scheduled

# Employee Notification Continued

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- If accepted, employees are given the time, date and location of sessions
- Attendance is taken via sign in sheet both days
- Name badges are also provided.



# Gathering Materials

- Presentations/handouts are required approx 2 weeks prior to seminar
- Materials are duplicated along with seminar program
- Folders/Packets are Prepared for each attendee approximately 1 week in advance

# Materials Included

## **Handouts and copies of slides for:**

- CSRS/FERS Retirement
- Federal Employees Health Benefits
- Long Term Care
- Federal Employees Group Life Insurance
- Thrift Savings Plan
- Financial Planning
- SSA Alumni Association
- Health in Retirement
- Evaluation Sheet

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# Results of Successful Planning

- Potential Retirees are provided with valuable information to help them plan for a smooth transition into retirement.





# PRE-RETIREMENT WORKSHOP PLANNING

Avery Gillins

Social Security Administration



# **SSA – REGION IX**

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## **Center for Human Resources**

**Richmond, CA**

**We provide HR services to approximately 7,000 employees**

**Geographical Region: California, Arizona, Hawaii, Nevada, American Samoa and Guam**



# WORKSHOPS FOR EMPLOYEES

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- SSA conducts seminars throughout the year
- Seminars are approximately 4 hours
- Money is a consideration



# WORKSHOP PLANNING

- Solicit annually to regional components
- Group workshops geographically to maximize travel funds
- Choose a central location for workshops to accommodate outlying offices



# WORKSHOP AUDIENCE

- Employees must be within 5 years of retirement
- CHR provides funding for travel for those within the commute area
- Management officials make reservations to ensure office coverage



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# **WHAT'S COVERED**

**TYPES OF RETIREMENT  
ELIGIBILITY  
ANNUITY COMPUTATION  
SURVIVOR BENEFITS  
DEPOSIT/REDEPOSIT SERVICE**

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# **AND MORE...**

**MILITARY/POST-56 MILITARY DEPOSIT  
HEALTH/LIFE INSURANCE  
THRIFT SAVINGS PLAN  
DESIGNATION OF BENEFICIARIES  
RETIREMENT PROCESS**



# HANDOUT MATERIAL

- Copy of slideshow
- Thrift Savings Plan Information
- Federal Employees' Group Life Insurance Information
- Health Benefits Information
- Helpful websites



# HELPFUL HINTS

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- Give sufficient advance notice of workshop dates
- Have handout materials assembled in advance
- Know your audience
- Consider separate workshops for CSRS and FERS employees

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# **WORKSHOP PREVIEW...**

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# **Federal Employees Retirement Benefits**

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# Objective

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**Summarize the main features of the Civil Service Retirement (CSRS) and Federal Employees (FERS) Retirement Systems**



# **UNDER CSRS and FERS, WHAT RETIREMENT OPTIONS ARE AVAILABLE?**

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- **Optional/Voluntary**
- **Discontinued Service (DSR)**
- **Deferred**
- **Disability**



# Retirement Process

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- HRC Benefits Team
- DOI, Payroll Office
- OPM

Expect your special pay annuity check  
within 5 weeks

Expect your annual leave 2-3 pay periods  
after retirement

Contact Benefits Team at:

**(510) 970-2866**

**GOOD LUCK!!**



**May you have a very  
HAPPY RETIREMENT**



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# Mid- Career Planning

Social Security Administration  
Kathy Grantland



# Mid-Career Planning

- More work to be done
- Currently provide:
  - Re-runs of IVT Broadcasts
  - Lunchtime Seminars
  - Individual Meetings with HR Specialist
  - Established Benefits Line
  - Employee Benefits Information System



# IVT Broadcasts

- Retirement Benefits
- Deposits/Redeposits/Military Deposits
- Survivors Benefits
- TSP
- Federal Employee Health Benefits
- Federal Pension/SS/TSP  
Interrelationships



# Lunchtime Seminars

- Offered through our Resource Center
- Guest Speakers on Various Topics:
  - Financial Planning
  - Taxes
  - Estate Planning



# Individual Meetings

- Run Estimates of Retirement Benefits
- Meet One-on-One to Answer Specific Questions About Individual Cases



# Benefits Line and E-mail

- Established a Benefits Line and E-mail Address for employees
  - Benefits Specialists Monitor Line and Mailbox
  - Return Calls or E-mails by Next Business Day
  - Employees Generally Request Computations
  - Ask All Sorts of Questions



# Employee Benefits Information System

- Outside Vendor
- Background
  - Acquisition Process
  - Roll out Process
    - Development of e-mail address for questions
    - Detailed instructions on website



# Employee Benefits Information System

- Provides Permanent Employees 24 Hour Access to Benefits Information
  - Personal Benefits Statement
  - Interfaces with Payroll so information is always current
  - Resource for Detailed Information on all Federal Benefits Programs



# Employee Benefits Information System

- Wonderful Time Saving Tool for HR Specialists
  - Provides current and projected optional, early-out, and disability retirement benefits
  - Provides death-in-service benefits, survivor and children's benefits
  - Health and Life insurance information
  - TSP and Social Security benefits may be calculated
  - Leave balances



# Employee Benefits Information System

- Encourage use as “Research Tool”

Provides very detailed information on all programs:

Ex: Link from Retirement Information Menu to detailed explanations about creditable service, to detailed information about military deposits

# Challenges

- How do we get individuals to use the system
  - Promotional video segment to field
  - IVT
  - Refer Callers



# Mid – Career Planning Seminar

- Planning Stages
- In the process of conducting Focus Groups to find out exactly what employees want to see addressed



# Mid-Career Planning Seminar

- Full day session covering benefits: CSRS/ FERS, FEGLI, FEHB, TSP, LTC and FSA
- Emphasis will be on financial planning
- Also include information from our Center for Employee Services: Career Counseling, Child and Elder Care, etc...



# **New Employee Benefits Orientation**

**Social Security Administration**

Kathy Grantland



# New Employee Benefits Orientation

- Full Day Mandatory Presentation
- In-depth Discussion of:
  - Retirement Systems
  - Thrift Savings Plan
  - Federal Employees Group Life Insurance
  - Federal Employees Health Benefits
  - Flexible Spending Accounts
  - Long Term Care Insurance

# Retirement System Coverage

- |                                                                                                                             |                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• Cost</li><li>• Vesting</li><li>• Creditable Service</li><li>• Eligibility</li></ul> | <ul style="list-style-type: none"><li>• Annuity Rights</li><li>• Disability</li><li>• Survivors Benefits</li><li>• Designation of Beneficiary</li></ul> |
|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|



# Thrift Savings Plan

- Enrollment Opportunities
- Contribution Rates
- Vesting
- Funds and Growth

- Payment Options
- In-service withdraws
- Loans
- Designation of Beneficiary



# Federal Employees' Group Life Insurance

- |                                                                                                                      |                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• Coverage Options</li><li>• Enrollment Opportunities</li><li>• Cost</li></ul> | <ul style="list-style-type: none"><li>• Living Benefits</li><li>• Assignment of Insurance</li><li>• Designation of Beneficiary</li></ul> |
|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|

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# Federal Employees' Health Benefits

- Enrollment Opportunities
- Plan Comparison Information
- Annual Open Season
- 5 Year Requirement

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# Flexible Spending Accounts

- Overview
- Eligibility
- Enrollment Opportunities
- Eligible Expenses
- Unused Funds
- Tax Savings

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# Long Term Care Insurance

- Overview
- Eligibility
- Decision Process
- Enrollment Opportunities

# Successes

- Elections of benefits received timely
- Service credit issues addressed timely
  - Deposits, Redeposits and Military Deposits
- Employees given contacts for future benefits discussions/decisions
  - General e-mail, benefits line, intranet sites with links to detailed information
- Better understanding of benefits programs

# Challenge

- Dissemination of benefits information to employees not co-located with a personnel office

Atlanta Region will discuss how they get benefits information to new employees as well as discuss how they educate all employees regarding benefits



# Benefits Education

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“An educated customer is a satisfied customer”

Brendal L. Davis  
Atlanta Region  
Social Security Administration



# Benefits Education

- Atlanta Region covers eight States  
AL, MS, GA, FL, NC, SC, TN, KY
- 5 Benefits Counselors
- Provide Service to over 10,000 employees
- Approximately 85% in Field Offices



# Dissemination of Benefits Information

- New Employee Orientation
- Telephone Conference Calls
- Benefits Bulletin
- Benefits Alert
- E-Mail Messages
- Seminars
- Human Resources Web Site



# New Employee Orientation

## Field Office (FO) Employees

- Conducted by FO Administrative Staff
- Orientation script published in *Administrative Guide to Employee Entrance on Duty Processing*
- Entrance–on-duty (EOD) packages downloaded from Human Resources Web Site
- HR Staff available by telephone when necessary



# New Employee Orientation

## Regional Office (RO) Employees

- **Conducted by HR Staff**
- **Orientation script published in *Administrative Guide to Employee Entrance on Duty Processing***
- **Entrance—on-duty (EOD) packages downloaded from Human Resources Web Site**

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# Educating Field Office Employees

- Telecommunications
  - Telephone Conference Calls
  - Personal Counseling Sessions
- Electronic Media – E-Mail
- IVT Broadcasts and Videos
- Seminar Conducted by Benefits Counselors



# Educating Regional Office Employees

- Seminars Conducted By:
  - Agency Benefits Counselors
  - Interagency Benefits Group includes 7 Federal Agencies
- Personal Counseling Sessions
- Electronic Media – E-Mail
- IVT Broadcasts

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# Benefits Education

**“An educated customer is a satisfied customer”**